

# The 3<sup>rd</sup> Annual Velo Bella Women's Race Clinic

Sunday August 7, 8:00 AM  
at Cartecay River Bike Shop, Ellijay, GA

A Velo Bella day of learning basic road racing skills and having fun.

We will cover such topics as cornering, pacelines, pack riding, sprinting, and tactics.

Do you need to be an aspiring racer to join in? **Absolutely not!** This clinic is geared toward anyone looking to improve their riding skills. The bulk of the clinic will be covering topics that are essential to enjoying group road riding experiences.



Contact Cathy Boland at: [cathy@bolandconsulting.net](mailto:cathy@bolandconsulting.net) or 828-321-0936 for more information and to RSVP.

The Cartecay River Bike Shop located at 120 Old Orchard Square Ellijay, GA. Toll Free #: 888-276-2453  
[www.cartecaybikes.com](http://www.cartecaybikes.com)